

• WATERFRONT •
VILLAGE



The Navigator

A neighborhood-based membership organization of paid staff, volunteers, and vendors supporting Southwest Waterfront and Navy Yard residents who wish to age in place.

Issue 28 - June 2019

2019 TRANSPORTATION GUIDE

Transportation Resources

A Guide for Washington, DC Older Adults



Available online at Iona.org/Resources

Waterfront Village is pleased to share Iona Senior Services' Citizen Advisory Group's 2019 Transportation Resource Guide in an attempt to collect in one place transportation options available to D.C. seniors. Our readers may read, print, or download the document from the link below, or we are happy to mail a printed copy to our Members upon request.

**READ OR DOWNLOAD
THE 2019 IONA SERVICES
TRANSPORTATION GUIDE**

WELCOMING OUR NEW VOLUNTEERS



Diego Figueroa has joined the Village Volunteer team providing



Suzanne Scott is our newest Volunteer Driver, and is also

home-based and mobile tech support, meal/prescriptions/grocery deliveries, and Friendly Companion visits. Diego is a Carrollsborg resident and works for D.C. Superior Courts.

providing home-based and mobile tech support as well as Village admin support, gardening help, and Friendly Companion visits. Suzanne is a private mathematics tutor.

CALENDAR OF EVENTS



Wednesday, June 5

8 pm: National Symphony Orchestra at The Anthem: Join fellow Villagers at a very special performance of Dvorak's *New World Symphony* with reserved box seating for just \$25.



Thursday, June 6

4 - 6 pm: An informational meeting for those interested in volunteering or joining Waterfront Village will be held at Town Square Towers, 700 7th Street, S.W. Open to the public with light refreshments.



Monday, June 10

9 am - 12 pm: Home barbering service is offered by Leslie Bryant. Please book directly with Leslie at 202-368-4603. Repeats **July 8** and the second Monday of the month thereafter. **Contact the Village** for complete in-home styling, manicure, and pedicure referrals. www.theladyclipper.com



Wednesday, June 12

11 am - 1 pm: In association with the Atlantic Hearing Centers and Riverside Baptist Church, Waterfront Village provides a free hearing clinic and a light lunch for Village Members at Riverside Baptist Church. A tour of the new church will be offered at 10:30 am.



Friday, June 15

2 pm: Exploring our National Mall Series: *Empresses of China's Forbidden City, 1644-1912*. Join a complimentary docent-led tour at the Freer Gallery to view rare objects and splendid works of art, many of which have never been exhibited outside of China.



3:30 pm: To complete our Empress theme, enjoy an optional after-tour respite at the Mandarin Oriental Hotel's Empress Lounge to enjoy a pot of tea or coffee with a dessert, \$21 inclusive of tax and gratuity.



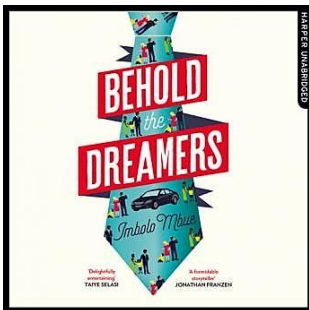
Tuesday, June 18

11:30 am: Miniature Golf at East Potomac Point. Set sail on The Wharf's free water jitney to Hains Point for a game of miniature golf at the nation's oldest course and an optional lunch afterwards at the club house snack bar. Non-member guests, first-time players, and those who would just like to observe are welcome.



Wednesday, June 19

10:30 am: Rediscovering D.C. Series: The International Spy Museum has officially opened its new Southwest home with interactive exhibitions and the foremost collection of spy artifacts in the world. \$16 admission includes a private tour and the Undercover Mission RFID-enabled experience. An optional lunch will follow in the renovated L'Enfant Plaza Food Court with 20+ food options from around the globe including Amsterdam Falafel (pictured) and Maizal South American street food.

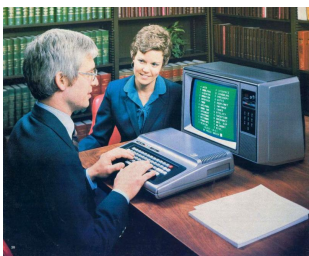


Thursday, June 20

2 pm: The Village Book Club meets at Politics and Prose on the Wharf. This month's selection is *Behold the Dreamers* by Imbolo Mbue. The novel details the experiences of two New York City families during the 2008 financial crisis: An immigrant family from Cameroon and their wealthy employers. Next meeting **July 18** and the third Thursday of the month thereafter.



6 pm: Village members gather for a meal hosted by Cooks Crew, the Village culinary club, with tasty homemade food, friendship, great conversation, and a chance to learn more about the Cooks Crew. Attendees bring a side dish, dessert, or beverage for 8 people, or help with clean-up.



Saturday, June 22

Time to update your home technology solutions? Village Volunteers are offering Full Members transport of unwanted electronics including technology devices, televisions, and small appliances for recycling to the District's waste management facility. Full Members, contact the Village to schedule your pick-up.

Thursday, June 27

11 am: In association with the Alzheimer's Association, Waterfront Village facilitates a monthly support group for those caring with loved ones living with Alzheimer's



Disease at St. Matthew's Lutheran Church. Repeats **July 25**, and the fourth Thursday of each month thereafter.



Friday, June 28

5 pm - Rowing For Health: Private Waterfront Village Class. Did you know rowing is great exercise for people with arthritis and osteoporosis? Learn about this and many other benefits of rowing at a free class with light refreshments for Village members. If you have any concerns about trying to use the equipment, you may watch as others get instructed.

SAVE THE DATE

Thursday, July 25 - Volunteer Celebration at the Capital Yacht Club
Tuesday, August 6 - All-Villages Day Trip to Virginia Museum of Fine Arts

Three easy ways to register:
Visit our [website](#) to learn more and RSVP on-line*
Email your request to events@dcwaterfrontvillage.org
Call the Village at 202-656-1834

*Call 866-457-2582 weekdays 830 am-7 pm for help with secure online registrations



Welcoming our new Members:

Charles and Delores Huddleston
Dan J. King
Ray and Joan Loomis
Mary Ternes
Oliver Winkfield

Thanking our renewing

Something to Talk About



While it's understandable to not want to talk about our legacy plans, getting our inheritance wishes in order is one of the greatest gifts we can bestow upon our loved ones. If Waterfront Village is a cause you cherish, please

Members:

Lew Bashoor
Sandy Carroll
Robert Evans
Judith Farley
Debby Greenstein
James and Darlene Howard
Susie Humphreys
Cecilie Jones
Perry and Sue Klein
Bill and Ruth Lubic
Janis Miyazaki
Rosalynn Ridgway
Mary Ternes
Judith Walters
Sheila Wood

Full Members enjoy our events plus:

- Telephone check-ins
- Weekly grocery/bank/USPS shuttle
- Friendly Companion visits
- Handyman help
- Reading for the visually impaired
- Uber, airline, rail booking service
- Prescription, grocery, meal delivery
- 16 rides per year in the District or Arlington County by our volunteer drivers or staff
- "Welcome Home" transportation, meals, and visits following a hospital or rehab stay.

**Learn More About our
Free 60-Day Trial
Membership**

Learn more about volunteering for Waterfront Village

Website Benefits Donations Events Contact

**A Member of the National
Senior Village Movement**

**Barbara Ehrlich
President**

[download](#) our Planned Giving brochure or call 202-656-1834 to learn more.



Find us on:
facebook®



From our Facebook page "[DC Waterfront Village](#):" Waterfront Village members enjoy an Historians Tour of the U.S. Capitol on May 8.





Bob Craycraft
Executive Director

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The Navigator is a publication of Waterfront Village, a 501(c)(3) public charity incorporated in the District of Columbia, tax ID# 81-1857931. Registered Agent and Executive Director Robert (Bob) Craycraft, 607 Sixth Place, S.W., Washington, D.C. 20024-2433. Telephone 202-656-1834 **www.dewaterfrontvillage.org**.