



# The Navigator

A neighborhood-based membership organization of paid staff, volunteers, and vendors supporting Southwest Waterfront and Navy Yard residents who wish to age in place.

Issue 21 - October 2018

## Member Profile - Vi Baluyut

Vi Baluyut is one of the latest residents to move to River Park early this year as she continues to downsize in retirement. Prior to this, she has lived in several neighborhoods in the metro area including Hyattsville and Silver Spring, Maryland, and Vienna, Virginia, before moving back to Washington, D.C. for good. She says she enjoys the vibrant urban environment of D.C.

Vi came to the U.S. from the Philippines to do graduate studies on a full scholarship at the Maxwell School of Syracuse University in Upstate New York. In 1967, she moved to Washington, befitting her interest in world affairs and believing it the natural place for her to begin a career.



Her career progression started in the private sector beginning as a researcher for the Brookings Institution, co-authoring a book on Bulgaria for American University and directing a project on health care for the General Electric Company. This last job brought her opportunities for travel all over the United States lecturing on the merits of her project and enabling her to present conference papers in Liverpool, England and Baghdad, Iraq in the late 1970's.

[Read More](#)

## Waterfront Village Awarded Seal of Transparency

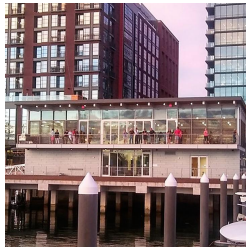
Waterfront Village has become the first D.C. senior village recognized with the Seal of Transparency by GuideStar, the world's largest source of information on non-profit organizations. "This is a step forward in our move to more





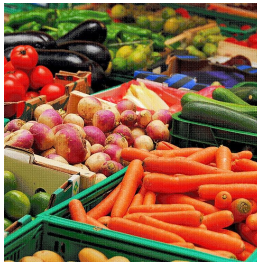
advanced accounting and financial systems," noted Village Vice President and Acting Treasurer Carol Cowgill, "and will increase our ability to compete for individual donations and foundation grants." [Learn More about GuideStar](#)

## October Calendar



### Thursday, October 4

Men's Happy Hour & Conversation Group meets at the beautiful Capital Yacht Club, 5 - 6:30 pm to enjoy a beverage and free munchies as they take in one of the most lovely views in the city. Non-members are welcome with an RSVP. Repeats **November 1** and the first Thursday of each month thereafter.

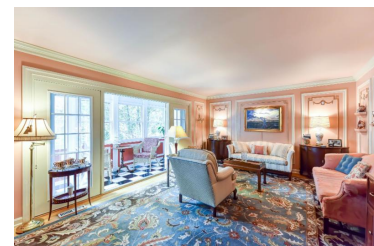


### Saturday, October 6

Waterfront Village will be at Farmers Market SW 9 am-1 pm with membership and volunteering information, and complimentary local organic apple cider. Tour tickets for "Homes of the Southwest Waterfront" house tour (below) will also be on sale at a \$5 discount. Repeats **October 20** and **November 3**.

## Special Event: Homes of the Southwest Waterfront

**Sunday, October 7:** Waterfront Village presents its Inaugural "Homes of the Southwest Waterfront" house tour! This house tour, one of our major fundraisers of the year, will be 1 - 5 pm. [Learn More and Save \\$5 on Tickets](#)



### Monday, October 8

9 am - 12 pm: Our monthly home barbering service is offered by Leslie Bryant. Please book directly with Leslie at 202-368-4603. Repeats **November 12** and the second Monday of the month thereafter. [Contact the Village](#) for complete in-home styling, manicure, and pedicure referrals. [www.theladyclipper.com](http://www.theladyclipper.com)





6 pm - The final gathering of the Village Curry Club's series of regional Indian dinners takes place at Masala Art. Non-member guests welcome with an RSVP.

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### **Wednesday, October 10**

Rediscovering D.C.: Lincoln's Cottage. Our monthly day trip takes us to the cottage where Abraham Lincoln retreated to with his family during the Civil War. A guided tour will be followed by an optional lunch at Brookland's Finest Bar & Kitchen.

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### **Tuesday, October 16**

A public meeting with light refreshments for those interested in joining, volunteering, or otherwise supporting Waterfront Village is being held at Capitol Park Tower, 301 G Street, S.W., from 4 - 6 pm.

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### **Wednesday, October 17**

Waterfront Village will have an informational table at the Southwest Waterfront Chapter of the American Association for Retired Persons' (AARP) seventh annual Health and Wellness Fair at River Park Mutual Homes, 1301 Delaware Ave SW, 11 am - 3pm with lunch provided. Flu and pneumonia shots will also be provided by Safeway Pharmacy.

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### **Thursday, October 18**

The Village Book Club will be meeting at Politics and Prose to discuss *The Ninth Hour* by Alice McDermott. Known for writing about the Irish-American experience, the author takes on nuns, and *The New York Times* says: "the risk has been more than worth it."

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### **Saturday, October 20 or Sunday, October 21**

Wellness Seminar: Estate Planning. This session is for those with a particular interest in estate planning, including wills, revocable trusts, incapacity planning, avoiding probate and estate tax, and end-of-life decisions. Presented by David Taylor, Attorney, of Right Size Law. Transportation to Christ Church Capitol Hill provided for Members.

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### **Monday, October 22**

Meet the Merchants: Come learn about hair and nails services at Splendor Nails & Spa at 11 am, as well as what's new in the beauty industry. Both women and men are served by the business. Bring your curiosity and





### Thursday, October 25

Wellness Seminar: Caring for Those With Dementia. This program will focus on the emotional support of persons living with dementia, the impact of talk therapy in the transition from home to day programs and residential memory care, and the challenges facing the caregiving families. Transportation provided for Full Members to Forest Hills of DC departing at 3 pm.



### Wednesday, October 31

Stop by the Waterfront Village table at the Southwest Duck Pond between 5 and 7 pm for some old fashioned trick-or-treating and a cup of organic local apple cider.



The Village offers complimentary transportation to its Full Service members **every Thursday** to Navy Yard amenities including Bank of America, Harry's Reserve, Harris Teeter, Wells Fargo, and the U.S. Post Office on L Street SW. We're also happy to make stops along 4th Street SW as requested.

## SAVE THE DATES:

- Tuesday, November 6** - Village Night at *Anything Goes*
- Wednesday, November 14** - Day Trip to Rappahannock County, Virginia
- Thursday, December 6** - *All Save One* at Washington Stage Guild
- Wednesday, Dec. 12** - Classic Movie Club: Irving Berlin's *White Christmas*
- Thursday, December 20** - Christmas Concert to Benefit Waterfront Village
- Thursday, January 17** - *Gulf View Drive* at Washington Stage Guild
- Tuesday, Jan. 29** - Harbour Square Open House and Informational Meeting

Three easy ways to register:  
Visit our [website](#) to learn more and RSVP on-line\*  
Email your request to [events@dcwaterfrontvillage.org](mailto:events@dcwaterfrontvillage.org)  
Call the Village at 202-656-1834

\*Call 866-457-2582 weekdays 830am-7pm for help with secure online registrations





Find us on:  
**facebook®**

Full Members enjoy our events plus:

- Telephone check-ins
- Weekly grocery/bank/USPS shuttle
- Friendly Companion visits
- Handyman help
- Reading for the visually impaired
- Uber, airline, rail booking service
- Prescription, grocery, meal delivery
- 16 rides per year in the District or Arlington County by our volunteer drivers or staff

### Welcoming our new Members:

Joe Jablonski  
Rev. Fred Pojen Lee

### Thanking our renewing Members:

Mattie Alexander  
Joan King  
Jean Sammons  
Beverly Simmons  
Denise Snyder  
Eva Whitaker

**Learn More About our  
Free 60-Day Trial  
Membership**



*From our Facebook page "DC Waterfront Village:"*

Cooks Crew, the Village Culinary Club, coordinate a pot luck dinner with an Italian flair at Tiber Island on September 25.



**Richard B. Westbrook** of 505 H Street SW passed away peacefully on September 5 (age 87) with his children by his side. He was the loving father of a son and daughter, Richard H. Westbrook (Julia) and Catherine J. Westbrook (Bill). [Full Obituary.](#)

**Learn more about volunteering for Waterfront Village**

**Website Benefits Donations Events Contact**

**A Member of the National  
Senior Village Movement**

**Barbara Ehrlich  
President**





**Bob Craycraft**  
**Executive Director**

**202-656-1834**  
**info@dcwaterfrontvillage.org**



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