

•WATERFRONT•
VILLAGE



The Navigator

A neighborhood-based membership organization of paid staff, volunteers, and vendors supporting Southwest Waterfront and Navy Yard residents who wish to age in place.

Issue 13 - February 2018

A poster for the Waterfront Village Anniversary Celebration. The background is light blue with white stars of various sizes. In the center is the Waterfront Village logo with the tagline 'Navigating Together'. To the right is a portrait of U.S. Representative Eleanor Holmes Norton. Below the portrait is a text box stating 'Welcome Address by U.S. Representative Eleanor Holmes Norton'. At the bottom, there are details about the event: '4:30 - 6:30 PM HAPPY AT HOME EXPO with local providers of home health care, residential maintenance and modification, meal delivery, dental and medical care, and more.' and '6:30 - 7:30 PM CHAMPAGNE RECEPTION to celebrate the first anniversary of our neighborhood-based membership organization offering supportive services to Southwest and Navy Yard residents'. The date and location are 'TUESDAY, FEB. 13, 2018 WESTMINSTER CHURCH 401 I (EYE) STREET, S.W. \$50 ADMISSION*'. A website and phone number are provided: 'www.dewaterfrontvillage.org/calendar or 202-656-1834'. A footnote states '*Applicable within 60 days to a new Waterfront Village membership'.

[Click here to buy your tickets](#) or call 202-903-8529



Why Metro's *Senior SmarTrip* Card Is a "Must" if You Are 65 or Older

The yellow Senior SmarTrip card is a "must" for people 65 and older who want to benefit from reduced fares on public transit. Older adults ride for half the peak fare on Metrorail, for \$1.00 on regular Metrobus routes and at discounted fares on other participating bus service providers, including the Circulator. [Learn More](#)

Member Profile

Wilma Goldstein: Reimagining Retirement

As her parents got older, Wilma Goldstein helped them transition into assisted living.

That's when she started really thinking about how she wanted to live when she retired.

"The more I saw my parents in assisted living, the more I thought, 'This isn't for me,'" she said.

Wilma moved to Washington in 1975 as a leader in what was then an emerging field of political polling. For decades, she developed survey research strategies for candidates and causes, with a special focus on women's political and leadership issues. While she officially retired from the Small Business Association (SBA) in 2009, she knew she would not slow down.



"I always knew I'd be terrible at being retired, because I enjoy being busy," she said. [Read the Complete Interview](#)



Men's Coffee and Conversation Survey

Waterfront Village has joined the national senior village effort to increase participation by men in Village activities and services. The Task Force, led by chairman and Village Founding Member Bob Rudney, has developed a brief online survey to help the group plan 2018 events. Interested participants, including nonmembers, may take the survey by following this [link](#).

February Calendar



Lunch at The Wharf moves to Hank's Oyster Bar on **Friday, February 2**. Although best known for their many varieties of oysters prepared in various styles, Hank's also offers a delicious double cheese burger and short rib po'boy for the landlubbers. Repeats **Friday, March 2**, at a location to be announced, and the first Friday of every month thereafter.



Our monthly home barbering service is offered **Monday, February 5**, between 9am and noon, and repeats the second Monday of each month. Please book directly with Leslie Bryant at 202-368-4603. \$30 haircut/\$35 haircut with shave, plus a \$10 travel charge shared across up to four appointments. www.theladyclipper.com. Repeats **March 5**. **Contact the Village** for ladies' stylist referrals.



Waterfront Village celebrates a milestone on **Tuesday, February 13**, with its first Anniversary Celebration. With over 140 members and nearly 30 volunteers, the Village is well underway! Come celebrate with over a dozen quality, local vendors offering home and health supportive services at the Happy at Home Expo from 4:30 to 6:30pm, then stay for champagne toasts from U.S. Representative Eleanor Holmes Norton, Forest City's Washington VP Deborah Ratner Salzburg, and Councilmember Charles Allen.



The Village Book Club will be meeting on **Thursday, February 15**, to discuss *Being Mortal* by Dr. Atul Gawande. In *Being Mortal*, bestselling author Gawande tackles the hardest challenge of his profession: How medicine not only improve life but also the process of its ending.



As a follow-on to our Full Life Planning Seminar, our Wellness Series continues **February 24 and 25** with complimentary Estate Planning Seminars to include wills, trusts, incapacity planning, avoiding probate and estate tax, and end-of-life decisions



The Village offers complimentary transportation to its Full Service members **every Thursday** to Navy Yard amenities including Bank of America, Harry's Reserve, Harris Teeter, Wells Fargo, and the U.S. Post Office on L Street SW. We're also happy to make stops along 4th Street SW as requested.

Save the Dates:

March 2 - Lunch at the Wharf
March 7 - Wellness Seminars
March 7 - Village Potluck Dinner
March 14 - Meet the Merchants: Sutton Square
March 15 - Village Book Club
March 21 - Wellness Seminars
March 29 - Village Night at "Alabama Story"
April 3 - Village Night at "Hold These Truths"
April 20 - Special Event: Cherry Blossom Cruise to Alexandria
June 13 - Special Event: Mount Vernon Gardens Tour and Dinner
June 27 - Village Matinee at "Camelot"
July 17 - Village Night at "Dave"

Three easy ways to register:
Visit our [website](#) to learn more and RSVP on-line
Email your request to events@dcwaterfrontvillage.org
Call Village Registrar Carolyn Lieberg at 202-903-8529



Full Members enjoy our events plus:

- Telephone check-ins
- Weekly grocery/bank/USPS shuttle
- Friendly Companion visits
- Basic handyman help
- Reading for the visually impaired
- Uber, airline, rail booking service
- Prescription, grocery, meal delivery
- 16 roundtrips per year in the District or Arlington County by our volunteer drivers

Welcoming our new Members

Joyce Bouvier
Thornton Staples
Wayne Terwilliger

Thanking our renewing Members:

Martha Brooke
Jim and Rita Dean
Farley Fisher
Marjorie Lightman
Harlow Pease



Find us on:
facebook®



*A record month of more than 20 activities in December included "Christmas at Mount Vernon" with lunch at the Mount Vernon Inn. To repeat **June 16** with two gardens tours and light dinner. From our Facebook page "**DC Waterfront Village**"*

Pamela Wilson

**Learn More About our
Free 60-Day Trial
Membership**



Learn more about volunteering for Waterfront Village

Website Benefits Donations Events Contact

**A Member of the National
Senior Village Movement**

**Barbara Ehrlich
President**

**Bob Craycraft
Executive Director**



**202-656-1834
info@dcwaterfrontvillage.org**

